



There are many ways and places to belong.



Crossing Cultures Group

For New Immigrant Arrivals, Foreign Students & Returning Ex-Pats

LEYLA WELKIN
PhD, LMHC



GROUP LEADER

Leyla Welkin is a clinical cross-cultural psychologist with more than thirty years of experience. She was born in Turkey and has lived and worked in the US, in Turkey and Europe. Leyla provides group, individual and family therapy, consultation and training services in Seattle's University district.

She specializes in cultural change, adaptation and adjustment, gender and sexuality issues and trauma recovery. She has been a certified and licensed mental health therapist in Washington State since 1991, a certified group psychotherapist since 1996.

leylawelkin.com

Are there times when you feel like a social or cultural outsider, a fish out of water? Do you struggle to find a place to belong, a way to fit in? Have you recently moved to live, work or study in the United States or returned from living somewhere else?

Learn new strategies for better communication. Take steps toward a happier, healthier life where you are living now.

Interested? Want to see if this group is right for you? Call for a free screening/introductory appointment.

(206) 954-4629



SATURDAYS

11 am to 12:30 pm
90 minutes weekly

4510 Thackeray Pl.
NE Seattle 98105

ONGOING OPEN GROUP

\$40.00 / session or
\$150.00 / month.